



RULES FOR THE 4TH 'PEDALEANDO POR LA VIDA' CYCLING EVENT

The **4th 'Pedaleando por la Vida' Cycle Tour** is a non-competitive, medium-distance cycle tour taking place on various roads across the island of Tenerife. It is suitable for both amateurs and competitive cyclists, is ridden at a controlled pace, and the aim is to complete the route.

It is governed by Article 9 of the RFEC's 'Cycle Tourism – Cycling for All' Regulations, within the framework of a cycling discipline that views the sport as physical exercise for leisure, tourism or cultural purposes, excluding competition. The event shall be subject to the provisions of Articles 1 to 14 of Annex II to Royal Decree 1428/2003 of 21 November, which approves the General Traffic Regulations for the application and implementation of the consolidated text of the Law on traffic, the movement of motor vehicles and road safety, approved by Royal Legislative Decree 339/1990 of 2 March, as well as the Specific Instructions for Dynamic Road Sports Events and the Specific Instructions for Road Cycle Tourism Rides, published by the Directorate-General for Traffic.

The route will follow an authorised course of tarmac roads, with an estimated distance of around 66 km and an elevation gain of over 2,200 metres.

The official start will take place on Sunday 21 February 2027 at 8.00 am. The event will have all the necessary permits, insurance and safety measures in place to ensure the safety of participants.

• Article 1. RULES

The regulations governing the ride shall be as follows:

A. the UCI Cycling Sport Regulations, specifically Title 15: CYCLING FOR ALL, and the technical regulations of the Royal Spanish Cycling Federation – 10th Cycling for All Regulations.

B. DGT INSTRUCTION 18/TV-101 AND ANNEX II, SECTION II CYCLING TOURS

CYCLING TOURISTS in the General Traffic Regulations.

C. SPECIFIC INSTRUCTIONS FOR DYNAMIC ROAD SPORTS EVENTS AND THE SPECIFIC INSTRUCTIONS FOR ROAD CYCLING TOURS, PUBLISHED BY THE GENERAL DIRECTORATE OF TRAFFIC.

D. SPECIFIC RULES FOR THE EVENT.



• Article 2. ORGANISATION

The Fundación Canaria Carrera por la Vida-Walk for Life and Bar Parada Chío, in collaboration with the local councils of Guía de Isora, Adeje and Santiago del Teide, are organising the 4th 'Pedalling for Life' Cycle Ride, which will take place on 21 February 2027 at 8.00 am, covering a total distance of approximately 66 km.

This non-competitive cycling event, which will pass through the municipalities of Guía de Isora, Santiago del Teide and Adeje, is a charity event in aid of the Fundación Canaria Carrera por la Vida – Walk for Life.

• Article 3. PARTICIPANTS

Anyone who wishes to take part may do so, whether or not they are members of a cycling federation, regardless of gender or nationality, provided they are aged 18 or over on the day of the event and do not suffer from any medical condition that would prevent them from taking part in this type of event. Participation is permitted on road bikes, mountain bikes and electric bikes.

• Article 4. ROUTE

The circuit will be approximately 66 km long, and one lap must be completed to finish the race. The race will start in Chío, then proceed via Guía de Isora to Armeñime. It will then continue to La Chiquita, climb Vera de Erques and pass through Guía de Isora back to Chío. From Chío, it will climb to Arguayo, passing through Santiago del Teide, Tamaimo and La Caldera, before finally ascending to the finish line in Chío.

The road will be fully open to traffic, so participants must observe the traffic regulations. An authorised vehicle will lead the way, signalling the presence of the cyclists' convoy, whilst another will bring up the rear, supported by ambulances.

The maximum time allowed to complete the route is 6 hours. The organisers remind participants that the use of a hard, approved helmet is compulsory, as is carrying equipment suitable for the weather conditions and the difficulty of the route: warm clothing, water and food, etc.

There will be three timed stages, with the organisers setting cut-off times for each one:

- Mountain pass 1 (La Chiquita–Vera de Erques): 3.5 kilometres.
- Mountain pass 2 (Chío–Arguayo): 4.5 kilometres.
- Mountain pass 3 (Cueva del Polvo–Chío): 5.8 kilometres.

There will be three refreshment stations providing food and drink along the race route. The locations of these stations, as well as the food and drink available to participants at each one, will be communicated to the cyclists prior to the event.



• Article 5. REGISTRATION

Registration will be open from 15 August 2026 until 16 February 2027, or until the 350 places are filled. The steps to follow for online registration are as follows:

Go to <https://inscripciones.chronotrackcanarias.com/inscripcion/iv-ciclo-pedaleando-por-la-vida-2027/>, click on 'Register' and follow the instructions.

1. The registration fee is set at:

- Federation members and non-members (men and women): €50

2. Each participant must fill in all their personal details correctly.

3. Registrations submitted after the deadline will not be accepted.

4. Registration secures a place. In the event of cancellation, the organisers will not refund the registration fee, nor will they allow the name to be changed to that of another participant; however, the organisers reserve the right to make an exception in special circumstances.

In the event that the 4th 'Pedaleando por la Vida' Cycle Tour cannot take place for reasons beyond the organisation's control – whether due to weather conditions, a state of emergency, a public health emergency, a weather warning, or any other reason – a refund of the portion of the registration fee not yet committed to the organisation of the event may be considered for participants.

The mere act of registering for this event implies acceptance of these regulations and a waiver of all rights against the organisers, as well as a waiver of any legal action that might arise from participation in the event.

• Article 6. CATEGORIES

- Sub 18–23
- Elite 24–29
- Masters 30
- Masters 40
- Masters 50
- Masters 60
- E-Bike

• Article 7. NON-COMPETITIVE CLASSIFICATIONS

Individual classifications for all the categories set out above will be drawn up and published, "at the organisation's discretion and on a non-competitive basis".

To determine the overall classification, the sum of the times recorded at the three timed mountain passes will be taken into account, with the rider achieving the best combined result across the passes being declared the winner.



• **Article 8. NON-COMPETITIVE TROPHIES AND PRIZES**

All participants who successfully complete the 4th 'Pedaleando por la Vida' Cycle Tour will be awarded a finisher's medal, featuring a design specific to the event.

A trophy will be awarded to the top three finishers in the overall standings, in accordance with the criteria set out in these rules, in the following categories.

- Sub 18–23
- Elite 24–29
- Masters 30
- Masters 40
- Masters 50
- Masters 60
- E-Bike
- Local participants: runners registered as residents of Guía de Isora

(Medals for the top three finishers in each men's and women's category)

- Largest team
- Youngest participant
- Oldest participant

Once the prize-giving ceremony has begun, the winner will be called up to the podium a maximum of three times; if they do not appear, the prize will be presented to them at a later date.

• **Article 9. RACE CONTROL**

The events will be supervised by the Organising Committee and its partners; times will be recorded by a specialist company appointed for this purpose. In the case of e-bikes, any that exceed 25.5 kilometres per hour in the timed sections will be automatically disqualified.

• **Article 10. APPEALS**

Complaints must be addressed to the Organising Committee no later than 30 minutes after the results are published. The Organising Committee will issue a ruling once all available evidence has been verified and analysed.

• **Article 11. INSURANCE**

All participating cyclists will be covered by a civil liability and sports accident insurance policy, in accordance with Royal Decree 849/1993 of 4 June.



• **Article 12. CYCLIST SERVICES**

The rider's bag, which will be handed to each cyclist, will include the official race jersey.

The organisers will provide a collection service for participants in the event of withdrawal from the race.

- Medical services (ambulances).
- Escort and support services for cyclists (escort motorcyclists).
- Refreshment stations

• **Article 13. PENALTIES**

Penalties will be strictly imposed on those participants who:

- They do not follow the highway code.
- They do not follow the safety instructions issued by the police and by the organisers themselves.
- Do not bypass the exit checkpoint or any others along the route.
- Litter or damage the route by throwing rubbish on the ground.
- Have their own support vehicles.
- Behaviour that hinders the normal running of the event and contravenes these regulations.
- Failure to wear a helmet (compulsory)
- Do not ensure that the chip plate is visibly attached to the bicycle.
- Any participant seen being towed by any vehicle will be penalised by the organisers.

Members of the police and the organising committee will take note of any participants who engage in any of the behaviours listed above. The organisers undertake, both to the other participants and to the authorities, to penalise them effectively.

The penalty will consist of:

- Disqualification from the event.
- Penalties imposed by the authorities.
- A time penalty based on any advantage gained.



• Article 14. DISQUALIFICATIONS

The race organisers may disqualify any cyclists who breach the technical and traffic regulations, such as:

- Failure to complete the course, racing with a race number assigned to another person, etc.
- Falsifying data may be grounds for disqualification by the Organising Committee.
- Failure to comply with traffic regulations.

Any participant who is overtaken by the 'End of Race' support vehicle is considered to have withdrawn from the race and must hand in their race number, timing chip and bike number plate, whilst using the support vehicle.

• Article 15. SAFETY AND ASSISTANCE FOR PARTICIPANTS

Throughout the race, the organisers will have a permanent team of doctors and ambulances on standby, along with several sweep vehicles, checkpoints and security posts along the route, and a range of services to ensure the safety and comfort of participants. The locations of the safety measures will be indicated in the Safety Plan.

The Provincial Traffic Headquarters, the Civil Guard, the Municipal Police, Civil Protection and volunteer groups will ensure the safety of the Event.

All participants must strictly comply with the provisions of the Road Safety Act and its Regulations. Anyone failing to comply with the regulations will be immediately disqualified.

By registering for the Event, each participant acknowledges that they have read the rules in full and thereby accepts the risks inherent in taking part in an Event in which, on certain sections, participants share the road with other road users, whilst releasing the organisers from all liability for any incident or accident arising from their participation in the Event.

The organisers accept no liability for any accident in which the participant may be the cause or the victim, nor do they accept any liability for expenses or debts that participants may incur during the Ride, or for any loss or damage that may be sustained by participants' bicycles or other equipment. The participant releases the organisers from liability for the loss or damage of personal belongings under any circumstances.

The organisers reserve the right to make any necessary changes to the route and date of the event in the event of force majeure or any other unforeseen circumstance beyond their control which, in their sole discretion, they deem appropriate or necessary, without this entitling participants to claim any form of refund or reduction in the entry fees. Furthermore, the organisers reserve the right to refuse admission.



The organisers may decide to suspend the event, either temporarily or permanently, should circumstances arise that are beyond the organisers' control or should government measures be introduced that affect general safety or people's freedom of movement. In the event of permanent suspension, participants shall not be entitled to a refund of the entry fees. The organisers accept no liability should the event be suspended or postponed due to force majeure.

All participants are obliged to respect the environment. It is strictly forbidden, on pain of exclusion, to dispose of rubbish outside the designated areas at the refreshment points.

• **Article 16. USE OF PARTICIPANT DATA**

Registration constitutes authorisation for the unrestricted use of the participant's name and photograph or image in all accredited media (online and offline) related to this event, whether at national or international level, for an unlimited period. In accordance with the provisions of Organic Law 3/2018 of 5 December on the Protection of Personal Data and the Guarantee of Digital Rights, you are hereby informed that your participation in the event implies your consent to the inclusion of the personal data provided in the organisers' existing automated data file. The purpose of this file is to process data for the management and running of the event.

AMENDMENTS TO THE RULES

These Rules for the 4th 'Cycling for Life' Cycle may be subject to changes due to organisational requirements, authorisations, the route, etc. Any amendments to the Rules, as well as their annexes, will be published on the registration page and on social media.