

# ***TENERIFE BLUETRAIL 2023 REGULATIONS***

Participation in the Tenerife Bluetrail 2023 mountain race is open to all runners who meet the requirements set out in these regulations for each of the modalities. Whatever the activity enrolled in, the runners must be in good physical and mental shape and highly trained and prepared for this competition, being endowed with sufficient survival resources and technical skill to guarantee their own safety in accordance with the autonomous conditions under which the various trials are carried out.

The Ultra version of this competition is particularly tough: it involves considerable climbs and descents and a long stretch of it is run in a mountainous area at an altitude of over 2.000 metres and up to a maximum height of 3,550 metres, but the other categories also involve difficulties and risks inherent in the natural environment where they are performed and sometimes at extreme temperatures and at great heights and the length of the course in question.

These Regulations set out the inspiring principles and values promoted by Tenerife Bluetrail (ethics), the rules and precepts governing the event and the rights and duties of the participants. Enrolment in Tenerife Bluetrail implies **being familiar with and fully accepting** the present Regulations and complying with the stipulations thereof.

## **ARTICLE 1 - ETHICS AND VALUES:**

All participants in Tenerife Bluetrail have in common all the values which make this race a prominent event, highlighting:

1. **FAIRNESS**: taken as meaning equality in applying for the race and complying with the rules.
2. **RESPECT FOR OTHERS**: the appropriate treatment of the other runners, the members of the Organising Entity, the general public and the local population.
3. **SOLIDARITY**: helping anyone who is in danger or difficulties.
4. **PERSONAL FULFILMENT**: boosting the development of personal autonomy.
5. **ACCESSIBILITY**: encouraging the participation of people with reduced mobility or any disability
6. **ECO-RESPONSIBILITY**: taken to mean the comprehensive promotion of environmental conservation, ensuring minimum environmental impact by solely using the marked paths and routes, strictly complying with the selective disposal of waste, keeping the course totally clean and respecting the flora and fauna.
7. **SUSTAINABILITY AND RECYCLING**: taking advantage of all possible resources so that the ecological footprint of the Tenerife Bluetrail is kept to a minimum.

## **ARTICLE 2 - THE ORGANISING ENTITY**

Tenerife Bluetrail is a mountain race promoted by the Tenerife Island Council and organised by IDECO, S.A. which enjoys the support of the Government of the Canary Islands, the Army of the Canary Islands, the State Security Forces and Corps, voluntary emergency groups and all Town Councils of the island through which the race passes.

### ARTICLE 3 - THE RACE

Tenerife Bluetrail comprises ten mountain races run on different routes along Tenerife's network of trails, the majority of which lie in Protected Natural Areas of the Natura 2000 Network due to its high environmental value related to conservation of diversity.

Each race will take place in a single stage, with a free race pace, but with a limited time. The specific conditions of each race are exposed and developed in detail on the website of the Tenerife Bluetrail, and that cover the following modalities:

1. ULTRA, with approximately 102 kms approximately.
2. TRAIL, with approximately 73 kms. approximately.
3. TRAIL RELAY, with approximately 73 kms. divided in 2 sections.
4. MARATHON, with a distance of 44 kms. approximately.
5. MEDIA, with a distance of 24 kms. approximately.
6. FAMILY 5,3 kms. approximately.
7. BLUETRAIL CHALLENGE (test for people with some kind of disability) with 3 different distances.
8. KIDS 18 under 7years 0,6 kms. approximately.
9. VERTICAL with 5.3 kms. with a positive drop of 990 meters.
10. JOËLETTE with 5,3kms competition for people with reduced mobility in mountain wheelchairs assisted by a team

These data may be subject to changes for safety or logistical reasons though this will not entail any major change to the structure of the race. Any such alterations will be disclosed well in advance in the race web [www.tenerifebluetrail.com](http://www.tenerifebluetrail.com).

### ARTICLE 4 - TERMS OF PARTICIPATION

On the conditions of the participation

- a) All those aged over 18 at the date of the race and who have successfully completed the registration process at the Tenerife Bluetrail website shall be allowed to participate in the different modalities of the Tenerife Bluetrail.
- b) Participation in the Medium and vertical modalities of the Tenerife Bluetrail is open to all people who are over 15 years of age on the date of the race and who have duly formalized their registration through the Tenerife Bluetrail website. Runners under 18 years of age on the date of the race must present a parental authorization.
- c) Participation in the Reto from the Tenerife Bluetrail is open to all athletes with disabilities who are federated or who have a medical certificate that accredits their physical with a minimum accredited medical certification of 33%, both physical and cognitive.
- d) Participation in the Joelette modality will be open to pilots with reduced mobility over 18 or over 16 with parental authorization.
- e) Parents and children under 12 years of age may participate in the family modality.
- f) The kids modality will be aimed at young people under 7 years old

Participants must also:

1. Be familiar with and accept these Regulations, respecting the conditions set out therein.
2. Fully comply with the enrolment procedure, filling in the form and paying the attendant tariff.
3. Participants in the ULTRA modality must also provide a medical certificate of fitness issued in the year 2023 or a medical report issued after June 2022. This must state that they do not have any contraindication for the practice of the footrace where it is stated that there is no contradiction for the practice of the sport of endurance events and must be signed by a practising doctor, specifying personal identification data, and medical association number.
4. Said participants (Ultra activity) must prove they have completed a mountain race after January 1st 2021 involving a single stage of at least 70 kilometres and with a minimum positive altitude difference of 1,900 m.
5. In any case, the Organising entity reserves the right to assess the sporting record of the participants in particular in races involving three or more stages, Ironmans, Triathlons, etc., as well as races completed with a toughness factor exceeding 133 (the result of multiplying distance by positive altitude difference divided by one thousand), the altitude at which they ran or any other circumstances determining a major objective effort.
6. Be aware of the length, different altitudes, technical difficulty, nocturnal factors, weather conditions and other characteristics of the race, in addition to being physically and mentally prepared and individually capable of dealing with any potential difficulties arising from the aforementioned conditions.
7. Be physically and mentally fit, sufficiently trained and prepared for the competition, equipped with the technical skills and survival resources required to guarantee their own safety in line with the autonomous conditions under which the different races are staged.
8. Carry all the mandatory material with them during the course of the race.
9. Know where the refreshment posts are located and what is available at each (liquids, solids or both).
10. Dispose of waste in the containers provided for the purpose in the vicinity of the aforementioned refreshment posts.
11. Not receive support from people from outside the Organising entity except at the refreshment posts or not more than 100 meters after passing the refreshment posts by personal assistants, nor may they be accompanied by third parties not involved in all or part of the race.
12. Not to be accompanied by any kind of animal.
13. Not to use this sports' event as a platform for making any claims of whatsoever nature. Hence, it is forbidden to bear or state any kind of allegations or manifestations not related with the purpose of this race.
14. Not to use any substances which may be regarded as doping in nature by any of the sports' entities or administrations holding competence in this regard, being required to submit to any doping controls laid down by the Organising entity.
15. Provide help to other participants who are in danger or who have had an accident, notifying said circumstances to the Organising entity immediately and staying with the other participant until a staff member or assistance arrives.
16. Respect the environment, not purposely disposing of any kind of waste or material and not harming the environment he/she passes either in training or during the race.
17. Respect the other sportsmen and women, referees, supervisors, controls and resources of the Organising entity and the general public.
18. To follow the route signposted and established by the Organisation.

19. Follow, at all times, the indications of the members of the Organising entity.
20. People with severe pathologies, walking difficulties and balance problems who participate in any modality of the Challenge must always register with a companion, who must / will do the total of the test to the finish line.

#### ARTICLE 5. THE MATERIAL REQUIRED

1. In order to participate in Tenerife Bluetrail each runner should always be wearing clothing and footwear which is suitable for mountain sports, including a race number and an electronic chip.
2. The concept of suitable clothing refers not only to the technical quality and to the use, but also in what affects to dress in an inadequate or respectful way to the situation, being able to be disqualified when missing those general standards.
3. The electronic Chip will be used in their Bib number or wherever the technology of the monitoring device used requires. The race number is to be worn on the abdomen, chest or in the number holder and in any case it must always be visible on the front of the runner's body. Race numbers and chips will be collected upon display of the participant's ID card.
4. The use of minimalist footwear is permitted, knowing who carries the intrinsic risks of traveling through volcanic, irregular and stony terrains, exempting the organizing entity from any responsibility due to such personal decision.
5. The use of telescopic mountaineering poles is allowed although the Organising Entity may limit their use during the first kilometre of the race for safety reasons. The Organising Entity can also forbid the use of poles throughout the course if deemed necessary.
6. Furthermore, per conservation technicians' recommendations, poles with metal ends (including those with rubber caps) are not allowed within the limits of Teide National Park due to ease of their damage and loss in the volcanic terrain.
7. If they are broken, they must be handed in at the next refreshment post. Poles must be identified by a sticker which includes the racer's number.
8. The Organising entity may monitor the mandatory safety material at the starting points of each category or at the checkpoints set up along the route or at the finishing line and this may be conducted on a random basis amongst the participants. Refusal to undergo a kit check will result in disqualification and the obligation to leave the race. The same sanction will be imposed if it is detected that all or part of the aforementioned safety material has not been brought.
9. The Tenerife Bluetrail Organising Entity, in line with weather forecasts, may change the mandatory material for the safety of the runners. Participants will be notified of any such change at the e-mail address provided on the enrolment form if they agreed to receive news in this way and it will be published on the social networks. Prior to the start of the race information will be provided about the weather forecast as well as any last minute news and a reminder of the importance of preserving the environment along the route.
10. If nutritional products are used, they must be identified with the race number and they may be disqualified during the material check if that identification is not provided.
11. The intrinsic characteristics of the race and the unpredictable weather conditions which may occur during the race require all runners to carry certain kit on them throughout the race which is OBLIGATORY as set out in the table above.
12. Each participant must bear in mind the following list of material which is mandatory or recommended depending on the activity:

MATERIAL	ULTRA	TRAIL RELAY TRAIL	HALF -MARATHON MARATHON FAMILY YOUNG	JÖELETES	VERTICAL	RETO
BACKPACK OR BELT	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY	RECOMMENDED	RECOMMENDED
WATERPROOF BREATHABLE HOODED JACKET DESIGNED TO WITHSTAND BAD WEATHER CONDITIONS IN THE MOUNTAINS (1)	OBLIGATORY	OBLIGATORY	OBLIGATORY	RECOMMENDED	RECOMMENDED	RECOMMENDED
SURVIVAL BLANKET (MINIMUM 1.20 X 2,10)	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY
MOBILE PHONE (THE SAME NUMBER AS THAT GIVEN IN THE REGISTRATION PROCESS, WITH ENOUGH CREDIT AND BATTERY FULLY CHARGED)	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY
CAP, PEAK, BANDANA OR NECKTIE	OBLIGATORY	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED
WATER CONTAINER	OBLIGATORY (1 LITRE)	OBLIGATORY (1 LITRE)	OBLIGATORY (1 LITRE)	OBLIGATORY (1 LITRE)	RECOMMENDED (0,5 LITRE)	RECOMMENDED (0,5 LITRE)
WHISTLE	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY
HEAD LIGHT	OBLIGATORY	OBLIGATORY	NO	NO	OBLIGATORY	NO
RED REAR LIGHT	OBLIGATORY	OBLIGATORY	NO	NO	OBLIGATORY	NO
SPARE BATTERY	OBLIGATORY	OBLIGATORY	NO	NO	OBLIGATORY	NO
PLASTIC GLASS	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY	OBLIGATORY
TELESCOPIC POLES (2)	RECOMMENDED	RECOMMENDED	NO	NO	NO	NO
SUN CREAM, LIP BALM AND SUNGLASSES	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED	NO	RECOMMENDED
MONEY FOR UNFORESEEN CIRCUMSTANCES	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED
FIRST AID KIT	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED
GLOVES	RECOMMENDED	RECOMMENDED	NO	NO	RECOMMENDED	NO
SPARE CLOTHINGS	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED
SUNGLASSES	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED	NO	RECOMMENDED

## ARTICLE 6. CATEGORIES

The categories set out for Tenerife Bluetrail the following:

- Senior (From 18 to 39 years' old)
- Veteran A (over 40's). Not yet 50 in the year of the race.
- Veteran B (over 50's) Not yet 60 in the year of the race.
- Platinum category (over 50's) Not yet 70 in the year of the race.
- Diamond category (over 70's)
- In the Relays Trail will be only female, male and mix category regardless of age.
- In the Vertical category there are only female and male category, regardless of age.
- In the Reto mode there will be no categories. Trophies will be awarded to the top three finishers at the three different distances.
- In the FAMILY modality there is only one category regardless of the number of components or the type of family.
- In the YOUNG modality there will only be a female and male category.
- In the JOELETTE modality there is only one category.

## ARTICLE 7 - ENROLMENT

Registration may be formalized for any of the modalities until 24:00 hours on 21 May 2023. In any case, the deadline to submit applications shall be understood as finished when the places available are fully covered.

- a) Ultra: 500 vacancies
- b) Trail: 400 vacancies
- c) Marathon: 800 vacancies
- d) Half Marathon: 900 vacancies
- e) Adapted: 100 vacancies
- f) Family and kids under 12 years: 50 families
- g) Young under 18 years: 100 vacancies
- h) Relay Trail: 50 couples
- i) Vertical Trail: 150 vacancies
- j) Joëlette: 20 Teams

1. Once enrolments have been filled, a reserve list will be drawn up to cover any participants who drop out. All those interested in participating should take the following steps to confirm enrolment:

- a) Read, fill in and send the enrolment form in the Enrolments section of [www.tenerifebluetrail.com](http://www.tenerifebluetrail.com)
- b) Read and sign the Disclaimer in the enrolment section of the same website. By signing this document participants are stating that they are taking part under their own liability and of their own free will, and that they exonerate, waive and exempt the organising entity, employees, sponsors and other runners from any third-party liability, and personally assuming the risks inherent in this sport.
- c) Those participating in the Ultra modality must upload a medical report issued in 2023 or a Stress test issued after July 2022 stating that the person concerned has no contraindications to take



part in the long-distance mountain race before May 1st. In case of any problem you can send it to [inscripciones@tenerifebluetrail.com](mailto:inscripciones@tenerifebluetrail.com).

- d) All registrations of the Ultra modality that have not added the medical certificate or reference test on May 1 will be rejected until they receive the mandatory documentation.
- e) Enrolment in the Ultra activity will not become effective until the participant has submitted the medical report requested and a link has been verified proving completion after January 1st 2021, and before 14th May 2023, of a single-stage mountain race of at least 70 kilometres in length and a minimum of 1.900 m of positive altitude. In case of any problem you can send it to [inscripciones@tenerifebluetrail.com](mailto:inscripciones@tenerifebluetrail.com).
- f) Pay the attendant enrolment amount by bank card in accordance with that stated on the enrolment form. A list of the participants enrolled will be published at the website and updated on a regular basis as from the start of the enrolment period. This list will only include those who have completed the form correctly, paid the corresponding fee for the category selected and, for the ULTRA category, sent the medical report and validated their reference race.
- g) The TEAMS in the Joelette modality will be formed by a pilot with reduced mobility and 4 porters, with the possibility of a change due to injury before the start of the test.
- h) Participants in the youth modality must present a parental authorization before May 1st
- i) Reto participants shall:
  - I. Complete the registration according to the selected modality. In the cases in which the runner wishes to be accompanied, he must also register the selected person as a companion.
  - II. Those non-federated athletes who participate in any modality of the Reto Tenerife Bluetrail must present a valid disability certificate.
  - III. Those federated athletes must present the current sports license.
  - IV. In the event of not being federated or federated, medical certificate that guarantees that it is in physical condition suitable for the realization of the event.
  - V. In case of not being federated or federated, you must present a medical certificate that guarantees that you are in physical condition for the realization of the event.

### 3. Proper enrolment will entitle the runner to the following services:

- a) To take part in the race.
- b) To receive their race number and chip or other timekeeping system.
- c) A transport service to the starting point of each category or back to the request bus stop, at the times and from the locations laid down by the Organising Entity at a cost of 5€ (including IGIC-General Indirect Canaries' Tax). If this service is hired outside the registration period, an extra cost of 10€ (IGIC incl) will be payable with card when collecting the bib number (only if there are vacancies available) or back to the requested bus stop
- d) Transfer of their personal effects bag to the finishing line.
- e) For participants in the Ultra, personal effects bag will be sent, to the special refreshments post located halfway along the route.
- f) Liquid and solid refreshments during the race.
- g) Use of the safety device.
- h) Showers at the finishing post.
- i) Liquid and solid refreshments at the finishing post
- j) All officially enrolled participants, whether registered with the federation or not, will be covered by an insurance policy taken out by the organising entity to cover any accidents which occur as a direct result of the organisation of the race, but never those arising from any ailment, disease or

latent defect, recklessness, negligence, failure to comply with these regulations or any higher level requirements applicable to them. Accidents suffered while travelling to and/or from the race location are not covered under this insurance policy. Information on the coverage provided by such policy will be available on the race website.

4. Enrolment is personal and non-transferable and implies the acceptance of the Regulations. The change, sale or delivery to another runner of the registration made or the bib number obtained with it is not allowed

## ARTICLE 8 - SPECIFIC AUTHORISATION TO USE DATA AND IMAGES.

1. Enrolment in any of the modalities of the race, implies the express consent of the participant, so that, his personal image with the sports attire that he wore in the event and that the organization possesses is used and reproduced through any device.
2. These personal images have as purpose the promotion of Tenerife Bluetrail by disseminating information about it through social networks, media, or any other type of support.
3. You must be aware that the races run through public spaces and that your image may be captured by the attending public or other media and in both cases outside the Tenerife Bluetrail.

## ARTICLE 9. PROTECTION OF PERSONAL DATA

1. The personal data (name, ID, address, date of birth and email) are incorporated into the database of IDECO, SA, whose purpose is to manage the commercial relationship with said entity, in any case expressly and within the registration process you will have to give your consent, being at your disposal all the data protection rights required by European regulations.
2. Expressly authorizes to receive commercial information by email, although automatically and by the same way may revoke the consent at any time.

### WHO IS RESPONSIBLE FOR THE HANDLING OF YOUR PERSONAL DATA?

<b>IDENTIFICATION</b>	Ideco S.A. (Gestión Insular para el Deporte, la Cultura y el Ocio S.A.) – Tax ID A38615191
<b>ADDRESS:</b>	Pabellón Insular de Tenerife Santiago Martín C/ Mercedes s/n 38108 Los Majuelos La Laguna
<b>TELEPHONE:</b>	922 822 056   Fax 922 310 193
<b>E-MAIL</b>	<a href="mailto:info@idecogestion.net">info@idecogestion.net</a>
<b>APPOINTED OFFICER</b>	Rosa Elvira Hernández Hernández
<b>CONTACT</b>	<a href="https://www.idecogestion.net/aviso-legal/">https://www.idecogestion.net/aviso-legal/</a>

### WHAT DO WE DEAL WITH YOUR PERSONAL DATA FOR?

IDECO S.A., deals with the information provided by all the participants of the Bluetrail. Their personal information becomes necessary for the proper contractual relationship and thanks to this we are able to provide them with commercial information on potential future sports events. We create a commercial profile, with the purpose of offering products and services suitable to their needs, improving the experiences of the user. No automatic decisions will be made with this profile.

The personal information provided will be stored as long as the commercial relation exists, or until the person concerned opposes to the handling of such information. In any case, the information will be eliminated in five years, counting from the last commercial relationship.

### LEGITIMACY

The legal basis for the handling of your personal data by IDECO S.A. is the execution and contractual relation with the company responsible for the Tenerife Bluetrail, which would not be subject to prior consent. Failure to provide your personal information means that it will not be possible for you to participate in the race.



Apart from the foregoing, the prospective offer of products and services will rest upon this express consent, and under no circumstance will withdrawal of consent affect the execution of the participation agreement in the event.

In any case, the legal documents accrediting that your personal data is being dealt with in conformity with the law shall be stored.

## RECIPIENTS

Your personal data will not be disclosed to third parties, unless legally requested, and if it becomes necessary to have health/civil liability insurance to cover the participants of the race.

## WHAT ARE YOUR RIGHTS?

Any person is entitled to know whether his/her personal data is being handled by IDECO S.A.

Those interested are entitled to access their personal data, and to ask for the modification of inaccurate information, requesting the suppression thereof when such information is no more needed for the purpose foreseen.

In certain circumstances, those interested might request that their personal data be treated in a limited way, in which case we will only store it for potential claims

Under certain and very special circumstances, the participants might oppose the treatment of their personal data. In this case, IDECO S.A. will refrain from dealing with your personal data, except in case of claim. This information will be eliminated at expiration date.

## HOW DID WE GET YOUR PERSONAL INFORMATION?

The information we deal with in IDECO S.A comes directly from the participant.

The categories are the following:

ID information (name, surnames, ID document and nationality)

DOB

Clothing size

Address and post code, country

E-mail

Telephone number and contact person

We do not deal with specially protected data.

## ARTICLE 10. FEES

1. The enrolment fee should be paid at the payment platform available for this purpose at [www.tenerifebluetrail.com](http://www.tenerifebluetrail.com).
2. Once enrolled and having paid the attendant amount, if the participant specifically requests the refund of the amount as it is impossible to compete, said request will solely be accepted in the following eventualities:
  - a) Whenever requested before 13/03/2023 at 00:00 h will have entitlement to the refund of the whole enrolment amount.
  - b) Whenever requested between 13/03/2023 and 10/04/2023 and accompanying said request by a report proving the existence of medical reasons which prevents the staging of the race and with an entitlement to the refund of 50% of the enrolment amount.
3. Any changes in activity will be subject to a 5€ surcharge (Inc. IGIC) for administrative expenses and they may only be made by 30/04/2023 provided that there are places available in the selected activity. This extra charge shall be added to the difference of the registration fee, taking into account

the date when the change is requested. The delivery of the bib number to another runner is not allowed, as it is personal and non-transferable as stated in article 7 section 4.

4. In the Relays Trail mode the return of the total of the registration will be made, always that the request is related to the dates and for the amounts indicated in sections 10.2.a and 10.2.b of this regulation.
5. The registration fee in any of the Challenge modalities will be € 15 and is fully subsidized by the Sports Area of the Cabildo de Tenerife. In the case of needing the presence of a companion, the registration of this will be free. This rate subject to a bonus of 100% of its amount, by express decision of the Organization, does not need any request from the runner.
6. Participants who participate in the vertical modality and in another different modality will have a 50% discount on the registration of the Vertical modality
7. The registration fee in the Jöelette modality will be €50, including all team members, and is fully subsidized by the Sports Department of the Cabildo de Tenerife. In the case of needing the presence of a companion, the registration of this will be free. This rate subject to a discount of 100% of its amount, by express decision of the Organization, does not entail any request by the runner.

#### **ARTICLE 11. PROCEDURES AND ORDER OF DEPARTURE.**

1. The order of departure will be established by the organization under its particular criteria, taking into account parameters in some cases objectives such as previous classifications of the athletes in this, or other races and reserving the firsts or lasts starting positions to the runners who consider that they may be in the first positions in the different modalities.
2. In all modalities except in the vertical modality, the start will all together, respecting the first starting lines for the elite runners and thus avoid possible incidents. This order of departure may be modified by the organization for health and/or safety reasons.
3. In the Vertical mode the output of each runner will be individual and a difference of between 15 seconds and two minutes between competitors will be established. The organization for organizational reasons could give the start in groups of up to 5 runners simultaneously.

#### **ARTICLE 12. CHECKPOINTS**

1. Checkpoints are places which are located periodically along the route which each runner is obliged to pass by. Hence, they serve to account for the runners and to record times.
2. The checkpoints will be manned by personnel from the Organising Entity who may give participants mandatory instructions.
3. In the event a runner fails to pass through a checkpoint, it will be assumed he/she has failed to follow the respective route of the activity in question. Consequently, whatever the reason (evacuation, withdrawal, voluntary failure to comply with the rules etc.), the runner in question will be disqualified from the race.
4. The checkpoints for each activity will be published at [www.tenerifebluetrail.com](http://www.tenerifebluetrail.com).
5. The Organising Entity may set up additional checkpoints along the route to ensure the enhanced monitoring and registering of the race, with no need for their publication and disclosure. The mandatory material may be monitored at any of the checkpoints.

#### **ARTICLE 13. SAFETY**

1. Participants are required to comply with the Highway Code and take the necessary precautions when the route passes along or crosses streets and roads or reaches a crossroads. Irrespective of whether the Organising entity, with the resources available, especially supports and monitors these

points, runners should pay particular attention and caution with regard to becoming closed in by traffic and sharing the road with vehicles.

2. The Organising Entity will place officials along the route to intervene where necessary. This personnel will be empowered to remove the official race number from any runner who is considered to have reduced his/her physical or technical capacities as a result of fatigue and exhaustion in order to guarantee their health. If the runner disobeys this order the Organising Entity shall not be held liable for any personal risks arising from said breach. The checkpoints will be manned by authorised and trained personnel who will provide participants with guidance in the event of danger, a change of route, accident or withdrawal.
3. Participants who withdraw from the race at any point thereof must inform the nearest checkpoint and they will be evacuated by the Organising entity as quickly as possible. Any participant who has voluntarily withdrawn from the race and who fails to notify the checkpoint will require the safety teams to start an unwarranted search and he/she will be required to pay any expenses defrayed by the safety teams owing to his failure to notify.
4. Each participant must be aware of the health situation arising from the Covid-19 pandemic, and will therefore abide by the particular instructions that are widely established by the health authorities and the organisation, especially the maintenance of the distance during the course of the race, facilitating overtaking on trails if their speed of movement is slower, the use of the mask in the transport provided by the organisation, start and finish, and compliance with the particular measures received at the refreshment posts.

#### ARTICLE 14. REFRESHMENT POSTS

1. Refreshment areas will be set up at the following specific points along the route at which participants will have access to food and drink and where outside assistance may be provided.
2. The refreshments by activity and content thereof will be specified in detail well beforehand at the official race website ([www.tenerifebluetrail.com](http://www.tenerifebluetrail.com)), including the checkpoint kilometre mark thereof.
3. Water will only be provided in the recipient each runner carries for the purpose. Glasses will not be provided at the refreshment posts. Each runner should carry and use his/her own glass for consuming drinks.
4. Any waste generated must be disposed of in the containers provided for this purpose at these refreshment posts. Whenever the terrain or the surrounding area so allows, there will be a sign indicating the start and end of the refreshment post. It will be understood as waste any material considered as packaging or waste (nutritional products, tissues, wipes, etc.), broken sticks, etc. Failure to comply with this rule (littering the environment) will result in disqualification from the race.
5. The person responsible for refreshments may restrict or prohibit access to any runner assistant in order to facilitate organisation.
6. The management of refreshment posts will be in accordance with the specific instructions derived from Covid-19, both in the presentation of food and drink, as well as their management, avoidance of crowds and authorised personnel in the management. The particular rules that are established will be obligatory and will be made public in the Covid-19 instructions.

#### ARTICLE 15. OFFICIAL RACE NUMBERS AND ELECTRONIC DEVICES

1. The race number and kit will be given to participants at the place and time published at the official race website sufficiently in advance. In order to obtain these items runners should show the

Organising Entity personnel a national identity card, passport or an official document which provides reliable evidence of the participant's identity and age.

2. This material may also be collected by someone else provided that they submit authorisation duly completed and signed by the runner, together with a copy of the document bearing the personal data of the represented party. At the same time, the signature of the health declaration, which must be signed by the runner, is non-delegable.
3. Each race number will be personalised and will bear the colour of the race category in question. It will also feature the contact telephone numbers of the Organising Centre and the Emergency Services.
4. The race number must not be folded, cut or altered. When handing over the race number runners must fill in the back of it with relevant medical data (such as blood group and allergies to medications). The habitual taking of pharmacological or medical treatments must also be notified).
5. Runners must wear their race number in a visible location on the front of their body at all times. The race number is personal and non-transferrable and its transfer will result in the immediate disqualification of the holder.
6. The race will be monitored by means of a chip or electronic device at the bib number (forbidden to pierce the chip). The Organising Entity will set up checkpoints to ensure all the runners complete the course and record their interim times, whereby all runners are required to pass through all the checkpoints the Organising Entity has set up along the route.
7. Prior to entering the starting area a race number check will be conducted which should be kept until the definitive final classification.

#### **ARTICLE 16. BACKPACK COLLECTION AND DELIVERY SERVICE (RUNNER'S BAG)**

1. The organization will only transport one backpack per runner to the finish line, of no more than 35 L. Each backpack must be identified with the identification tape with the color and name of the modality provided by the organization, and where the name of the race and the bib number have to be clearly reflected.
2. All backpacks will be available for pick up at a designated area in the finishing zone and can be retrieved upon submission of the runner's official race number. The organization is not responsible for the valuables that they may contain, that said this should avoid the introduction of this type of belongings
3. Participants in the Ultra race will have an additional identification tape in a different colour transferred to the special refreshments post located halfway along the course at El Parador. Once the refreshment post is closed, backpacks will be taken to the finishing zone and can be retrieved upon submission of the official race number.
4. Any backpacks which are not collected will be available at the Tenerife Santiago Martín Sports' Centre for 10 days subsequent to the event. In the event that it has to be sent to their personal address, the participants will assume the postage costs whatever the means of transport used to this end.

#### **ARTICLE 17. CHANGE IN RACE ROUTE**

1. The Organising Entity reserves the right to change the route or the time intervals owing to safety or organisation-related reasons or other cases of force majeure.
2. Alternative routes are foreseen by dint of the special characteristics the routes have in Parque Nacional del Teide. The staging of both activities will be subject to the weather report issued by AEMET on the day prior to the race and to any indications in this regard issued by the Directorate-General for Safety and Emergencies in its alerts' notification system.

3. Within the limits of Parque Nacional del Teide the competition may be suspended or undergo the following changes in its routes:
- a) For Ultra modality, in the event that the climb to La Rambleta is cancelled, participants will follow the same route as the Trail modality, i.e., once they reach the Parador refreshment post, they will head towards Centro de Visitantes.
  - b) In every case, runners must follow main routes and do not take these alternative routes unless it is expressly indicated by organization. Please note some sections along the route might suffer minor changes due to supervened circumstances such as road or path works, mudslides, rock falls

#### ARTICLE 18. TIME LIMITS

- 1. Each race should be completed within a pre-determined time. Interim time limits will be established in accordance with the activities, to be published at the official race website ([www.tenerifebluetrail.com](http://www.tenerifebluetrail.com)). Said time limits are calculated so runners finish the race within the maximum time established for each activity.
- 2. These timetables may be changed at any time by the Tenerife Bluetrail Organising Entity for safety reasons.
- 3. Participants who fail to reach a checkpoint within the set time will be required by the race controller to withdraw. If they decide to continue, their race number will be removed and they will do so at their own responsibility not being regarded as runners in the race, and without any right in the refreshments post.

#### ARTICLE 19. - VOLUNTARY AND MANDATORY WITHDRAWAL

- 1. In the event that a participant decides to withdraw from the race, he/she should notify the Organising Entity officials based at the nearest checkpoint. Any participant who owing to physical or health-related reasons is unable to reach the next refreshment post without assistance should immediately call the number of the Organising Entity printed on the race number.
- 2. Provided the participant withdraws from the race voluntarily or is disqualified, it will be assumed he/she is out of the competition and is solely liable for his/her actions. If he/she decides to continue, he/she must, in any case, hand in the race number to the Organising Entity and without any right in the refreshments post.
- 3. The Organising Entity may temporarily detain a runner or force him/her to abandon the race if it is thought that his/her condition is putting his/her safety or physical integrity in danger or the safety of the event.

#### ARTICLE 20. SUSPENSION, POSTPONEMENT OF TENERIFE BLUETRAIL

- 1. The Tenerife Bluetrail might be cancelled or postponed. This decision shall fall exclusively on the Organization. The reasons leading to the cancellation or postponement of the race are the following:
  - a) In situations of objective risk that could compromise the security and safety of the participants (weather alerts, forest fires, landslides, volcanic eruption, epidemics etc.) and especially on the recommendation or order of the Health Authorities, as Tenerife is at a level of spread and contagion of Covid- 19 that prevents the celebration of the event.
  - b) Following a decision of the organization, for reasons other than the foregoing.

2. If the race is postponed before it starts for any of the reasons mentioned above, the Organization will try to hold it within the next 24 hours. The maximum deadline to hold the postponed race will be within the same year, i.e. until December 31, 2023. If it is impossible to hold the postponed race, the cancellation thereof shall be communicated immediately.
3. In the same terms, in case of adverse weather conditions or serious events, affecting the security of the race, or other events of force majeure, the organization reserves the right to modify the cut off points or the starting time, having also the right to neutralize it or to cancel a race which has already started.
4. In case of suspension of a race, once this has started, the runners shall be ranked according to their respective positions and times, taking as reference the last checkpoint they went through, after which the race will be considered as completed.
5. The organization will determine, in each case, whether the cancellation or postponement of the race shall give rise to a reimbursement (in part or in full) of the registration fees. This information shall be published on the official website of the race, timely and in due form.

## ARTICLE 21. CLASSIFICATION, TROPHIES AND PRIZES

This mountain race will include a general classification for each modality. Also, there will be an independent classification for each category and modality.

1. The Trophies will be delivered on June 4 at Lake Martiánez, except for a major cause.
2. The time for trophy delivery to the firsts classifieds will be published on the social networks of the race, assistance to this case is mandatory for those awarded.
3. Ultra and trail prizes in cash are as follows to which applicable taxes should be subtracted:
4. The first Tenerife man and woman of each of the modalities will be given a commemorative trophy.
5. The winners of the Vertical will receive their trophy on Saturday, June 4 at Lake Martiánez

WOMEN	ULTRA MODALITY	TRAIL MODALITY
FIRST PLACE	1.400 €	1000 €
SECOND PLACE	800 €	600 €
THIRD PLACE	500 €	300 €
MEN	ULTRA MODALITY	TRAIL MODALITY
FIRST PLACE	1.400 €	1000 €
SECOND PLACE	800 €	600 €
THIRD PLACE	500 €	300 €

## ARTICLE 22. COMPETITION COMMITTEE

A Competition Committee is formed and the people set out below will be on said Committee, recognised by the Organising entity for resolving any written queries, suggestions and complaints arising during the staging of Tenerife Bluetrail and for taking any decisions which, generally speaking, concern it, including the imposing of sanctions and dealing with any violations by participants in Tenerife Bluetrail. Said written queries, suggestions and complaints will be responded to within 7 days of the end of the race.

Each of the members of the Competition Committee will be competent in a given area regardless of decision-making which will be carried out in consensual fashion when all the Committee members are present.

The competition committee shall be comprised by:



1. Person responsible for the organization (strategic and economic management of the race).
2. Director of the race (overall management of the race)
3. Technical Director of the race (manager in the field of sports)
4. Director of General Security (manager of all security matters regarding the race)
5. Technical Secretary of the Race

At the first meeting staged of the Competition Committee plenary session the *modus operandi* of said body will be set, the manner of adopting resolutions and of notifying them as well as the staff who will act to support said Competition Committee.

### ARTICLE 23. HOW TO LODGE COMPLAINTS WITH THE COMPETITION COMMITTEE:

Claims will only be considered if, in the opinion of the Competition Committee, it has been duly justified and documented and has been submitted to the Organising Entity in writing and containing the following data:

1. The name, DNI (Spanish national identity card number), e-mail address and telephone number of the person lodging the complaint.
2. Names of the participants in the Tenerife Bluetrail concerned
3. Race number
4. Alleged facts
5. Signature

The complaint may be of a general nature pertaining to Tenerife Bluetrailer of a sporting nature. In the former case, it may be lodged by anyone who believes they have been affected, and at any time, since enrolments in the race were opened and until the five business days subsequent to its completion.

Any complaint of a sporting nature may only be lodged by a runner at any of the points of the finishing line, always before the prize-giving. The Competition Committee's resolution of the complaint will be specifically notified to the complainant.

### ARTICLE 24. SANCTIONS AND OFFENCES

The competition committee shall be empowered to impose sanctions on those participating in the Tenerife Bluetrail, in case that they fail to comply with that foreseen in these current regulations or higher regulations –of obligatory compliance.

Failure to comply with these Regulations or Higher Regulations shall comply with the following:

#### 1. MINOR OFFENCES

- a) Lack of visibility of the number assigned, or failure to place it on the front of the runner's body.
- b) Voluntary obstruct the passing of other runners, without prejudice that this might be considered a serious offence if happening more than once.
- c) Getting aid or provisioning out of permitted areas (except in case of assistance).
- d) Any other incident which might be considered a minor offence by the commissioners of the race.
- e) Two minor offences shall correspond to one serious offence, translating this in the runner being disqualified from the race.

#### 2. SERIOUS OFFENCES

- a) Failure to comply with an order given by the organizing members of the race.
- b) Failure to provide aid to a participant who needs it.

- c) Voluntarily attempt against the natural environment; this means, dumping litter or packages out of the containers destined to such purpose.
- d) Remove or change the runway markers established by the Organization.
- e) Total or partial absence of the compulsory safety items established for each modality.
- f) Failure to complete on foot the circuit the runner registered for. This implies taking short-cuts, avoiding control areas or failure to cross the finish line.
- g) Actively and voluntarily impeding the passing of other runner.
- h) Failure to undergo anti-doping controls as established.
- i) Failure to wear the number assigned or cutting it.
- j) Entering the podium with a flag or symbol which is not the official of the Autonomous Community.
- k) Any other incident which might be considered a minor offence by the commissioners of the race.

### **3. VERY SERIOUS OFFENCES**

- a) The following are considered very serious offences:
- b) To voluntarily attempt against the natural environment, causing a great harm to the flora and fauna, and causing harm to the natural environment of the race.
- c) It will be understood as a very serious fault to participate in any of the modalities of the Tenerife Bluetrail with a counterfeit, photocopied, manipulated bib, or of another edition or race, also with the dorsal of another runner.
- d) Physically or verbally attack a member of the organization of the race.
- e) The refusal to wear a mask or to be used in the places that the organisation and health authorities have established.
- f) The refusal or non-delivery of the health declaration on Covid- 19 symptomatology, which must be signed prior to the celebration of the event.

### **ARTICLE 25. SANTIONS**

The sanctions regarding the actions foreseen in the previous paragraph are as follows:

- 1. For minor offences: Penalization of 3 up to 10 additional minutes regarding the finish time
- 2. For serious offences: Penalization of 11 up to 60 additional minutes regarding the finish time, or disqualification from the race, depending on the seriousness of the offence. The person concerned shall not participate again in any edition.
- 3. Very serious offences: Disqualification from the race, immediate abandonment of the race. The person concerned shall not participate again in any edition.

### **ARTICLE 26. ALTERATIONS**

The present Regulations may be corrected, extended or improved at any time by the Organising entity. Enrolment in the race implies the participant's acceptance of the present Regulations and of any changes that may be made to it which will be published forthwith at the Tenerife Bluetrail official website.

Santa Cruz de Tenerife, 1st October 2022.